

SWIMMING MANAWATU

www.manawatu.swimming.org.nz

WINTER CHAMPIONSHIPS 2022

SATURDAY 23 July and SUNDAY 24 July

FREYBERG POOL, PALMERSTON NORTH

SATURDAY 23 July 2022

SESSION 1

Warm Up Males - 7.55am, Females - 8.25am - Start 9.00am

1. Male Open	200m Breaststroke	2. Female Open	200m Breaststroke
3. Male Open	50m Butterfly	4. Female Open	50m Butterfly
5. Male Open	200m Medley	6. Female Open	200m Medley
7. Male Age Group & Para	100m Backstroke	8. Female Age Group & Para	100m Backstroke
9. Male Open	200m Freestyle	10. Female Open	200m Freestyle
11. Male RELAY 13&U	4 x 50m Freestyle	12. Female RELAY 13&U	4 x 50m Freestyle
13. Male RELAY 14&O	4 x 50m Freestyle	14. Female RELAY 14&O	4 x 50m Freestyle

SESSION 2

Warm Up Females – 2.55pm, Males - 3.25pm - Start 4.00pm

15. Female Open	50m Freestyle	16. Male Open	50m Freestyle
17. Female Open	200m Backstroke	18. Male Open	200m Backstroke
19. Female Age Group & Para	100m Butterfly	20. Male Age Group & Para	100m Butterfly
21. Female Open	50m Breaststroke	22. Male Open	50m Breaststroke
23. Female Age Group & Para	100m Medley	24. Male Age Group & Para	100m Medley
25. Female Open	400m Freestyle	26. Male Open	400m Freestyle
27. Female RELAY 13&U	4 x 50m Medley	28. Male RELAY 13&U	4 x 50m Medley
29. Female RELAY 14&O	4 x 50m Medley	30. Male RELAY 14&O	4 x 50m Medley

SUNDAY 24 July 2022

SESSION 3

Warm Up Males - 7.55am, Females - 8.25am - Start 9.00am

31. Male Open	400m Medley	32. Female Open	400m Medley
33. Male Age Group & Para	100m Breaststroke	34. Female Age Group & Para	100m Breaststroke
35. Male Open	50m Backstroke	36. Female Open	50m Backstroke
37. Male Age Group & Para	100m Freestyle	38. Female Age Group & Para	100m Freestyle
39. Male Open	200m Butterfly	40. Female Open	200m Butterfly
41. Mixed RELAY	4 x 100m Freestyle		

SWIMMING MANAWATU

WINTER CHAMPIONSHIPS 2022

MEET CONDITIONS

- **No late entries accepted**
 - **Entries close 22:00 Saturday 17 July 2022** via the SNZ database.
 - **Entry fees are \$7.00 per event (including relays) to be paid at the time of entry.**
 - Parking for **all** swimmers is in the main car park, please do not park adjacent to the pool unless you are eligible to use the disabled parking.
 - No water is available for warm up or warm down during the sessions
 - All events will be swum as Timed Finals
 - 400m events may be restricted to fastest 24 swimmers.
 - SNZ Policy 008 apply. Scratchings from all events must be received before the conclusion of the preceding session. Session 1 scratchings must be received Friday night (22 July) before 8pm.
 - The scratching penalty fee will be \$25.00 for each event where the scratching rule is not observed. The Protest fee will be \$100.00 cash.
 - Refunds will be made up to 20 July 2022, thereafter on production of a medical certificate presented on the day.
 - All swimmers must be registered competitive members of Swimming New Zealand. Age is as at first day of the meet.
 - Swimming Manawatu reserves the right to alter the programme and limit entries should the need arise.
 - An official's break may be held half way through each session.
 - Medals will be awarded for first, second and third places. Medals may be collected prior to leaving the complex.
- **Please note: results for events 7, 8, 19, 20, 23, 24, 33, 34, 37, 38 will be published in age groups of 10 years and under, 11-12 years, 13-14 years, 15 years and over, and Open age group for Para swimmers (Open Para).**
 - Relay events 11, 12, 13, 14, 27, 28, 29, 30, 41 are open to all Clubs, Manawatu Clubs will earn points for the Norm Still Relay Trophy.
 - Time trials (\$15.00 fee) may be accepted at the discretion of the Race Secretary but only if lane space is available – heats will not be reseeded or added. Applications will be accepted on a first in basis.
 - Meet conducted under FINA, SNZ & Para rules where sufficient officials are available.
 - Mixed relays must include two swimmers of each gender.
 - Clubs to provide 1 timekeeper per four swimmers in each session.
 - The Organisers will not be liable for any loss or damage during the period of the meet. All participants must agree to comply with the Sports' Anti-Doping Rules.

Pysch sheets will be emailed wherever possible and will also be available on the Manawatu website – www.manawatu.swimming.org.nz

All queries to: manswim.racing@gmail.com